



Course 8, Session 1 Student Notes: Change Your Frame, Set a God Sized Goal

Ask for the Mountain, Not the Valley

Big Idea: A goal so big it seems impossible forces a completely different approach. Small goals keep you tweaking. Big goals make you rebuild, and they make you depend on God.

How to use these notes. These are yours to study on your own, before or after the session. Read each section slowly. Under every principle there is a **Notes** space to write what stands out to you, and a **Reflect** question to answer honestly in writing. Keep your Bible nearby. Take about 30 minutes, and end in prayer. Bring your notes and questions to the group. Welcome to Course 8, where we learn to scale, to grow the good you do far beyond what you could do alone, without losing your soul in the process.

Open in Prayer

Before you begin, pray this simple prayer, or your own: "Father, You are able to do exceeding abundantly above all I ask or think. Free me from small, safe goals. Give me the holy boldness of Caleb to ask for the mountain, and keep me leaning fully on You. Amen."

The Scripture for This Session

Read these slowly, out loud if you can:

- **Joshua 14:12**, "Now therefore give me this mountain, whereof the Lord spake in that day; for thou heardest in that day how the Anakims were there, and that the cities were great and fenced: if so be the Lord will be with me, then I shall be able to drive them out, as the Lord said."
- **Ephesians 3:20**, "Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us."

Reflect: What goal have you been keeping small and safe, and what is the fear underneath that?

The Big Picture

Most people who build something good eventually hit a wall. They are working as hard as they can, and growth stalls, because the very thing that got them here, doing it all themselves at the same standard, cannot take them further. Scaling is not just working harder. It is a different way of thinking, and it starts in a surprising place, not with a new tactic, but with a new frame. The frame is the size of the goal you are willing to hold.

Here is the counterintuitive truth at the heart of this session. A goal you could reach by simply trying a little harder will never transform you. It just keeps you optimizing the old way, tweaking the same machine, doing a little more than last year. But a goal so big it seems impossible forces a completely different approach. It makes you rebuild rather than tweak, and it drives you to your knees, which is exactly where scaling should drive you. A God sized goal keeps you dependent on God rather than on your own strength, and that dependence is a feature, not a bug. This session is about changing your frame, and no one in Scripture models it better than an eighty five year old man pointing at a mountain full of giants.

Principle 1: A Small Goal Keeps You Optimizing. A 10x Goal Forces a New Way.

Think about the difference between two kinds of goals. The first is “do a bit more than last year,” grow ten or twenty percent, add a few customers, work a little harder. A goal like that keeps you inside your current approach. You never have to rethink anything, you just push the same system a little further. That is optimizing, and there is nothing wrong with it, except that it will never take you somewhere genuinely new.

Now imagine a goal roughly ten times bigger than your current plan. Not ten percent, ten times. A goal that size instantly breaks your old approach, because there is no amount of trying harder that gets you there. You cannot reach a 10x goal by working more hours, you would run out of hours. You are forced to ask an entirely different question, not “how do I do more of this,” but “what would have to be completely different for this to be possible.” That question is where real growth begins. The big goal does not just raise the target, it changes the way you think, and that changed thinking is the whole point.

Reflect: What is one goal for your work that is roughly ten times bigger than your current plan, big enough that you could not reach it just by trying harder?

Notes:

Principle 2: Impossible Sized Goals Are Clarifying.

Here is a gift that big goals give you, and small goals never can: clarity. When your goal is only slightly bigger than today, almost everything you currently do still seems justifiable. There is no pressure to cut anything, because your modest target does not demand it. But the moment you set a goal ten times bigger, something remarkable happens. The goal itself begins sorting your life. It instantly reveals what does not matter and what absolutely must change.

An impossible sized goal is like a bright light in a cluttered room. Suddenly you can see which activities are just filling the day and which ones actually drive the result. You can see which habits, clients, and projects are quietly holding you back. The goal is so demanding that it will not tolerate wasted motion, and that intolerance is a mercy, because it forces the honesty and focus that ordinary goals let you avoid. Do not run from the discomfort of a goal that feels too big. Sit with it. That discomfort is doing the clarifying work.

Reflect: If your goal were ten times bigger, what would it immediately reveal about how you spend your time and energy right now?

Notes:

Principle 3: A God Sized Goal Keeps You Dependent on God.

Here is why this matters for a Kingdom business and not just a secular one. A small goal you can reach in your own strength quietly teaches you that you do not need God for your work. You aim at something manageable, you manage it, and God becomes an add on to a life you are running by yourself. But a goal so big that only God could accomplish it through you does something different. It keeps you on your knees. It makes prayer necessary rather than optional. It teaches you the kind of dependence that faith was actually made for.

Ephesians 3:20 says God is able to do “exceeding abundantly above all that we ask or think, according to the power that worketh in us.” Sit on those words. Our God is not a God of small, safe goals. The reason to aim at something that scares you is not arrogance, it is that a small goal does not require Him and a big one does. When you set a target only God could reach through you, you finally live in genuine dependence, and that dependence is not a weakness in the plan. It is the best part of it.

Reflect: Have you kept a goal small precisely because a bigger one would require God? What would it look like to ask Him for the bigger thing?

Notes:

Principle 4: Vision Is the Frame Everything Else Hangs On.

Everything in the rest of this course, raising your floor, simplifying, focusing, building beyond yourself, hangs on the frame you set here. Vision is the frame. If your vision is small, no amount of good technique further down the line will matter much, because you will only ever be executing well toward a target that was too modest to require any of it. But if your vision is bold, the whole rest of the work comes alive, because now there is something worth simplifying for, focusing on, and building a team around.

So set the frame boldly, like Caleb, even when others around you see only giants. This is not reckless dreaming disconnected from reality. Caleb's boldness was rooted in a promise from God and a track record of God's faithfulness. Bold vision for a believer is not "I can do anything I imagine," it is "God is able, and He has called me to this, so I will ask for the mountain." Set the frame first, set it big, and let it shape everything that follows.

Reflect: Caleb asked for the mountain with the giants on it. What is the mountain God may be calling you to ask for?

Notes:

The Story: Caleb, Give Me This Mountain (Joshua 14:10 to 12)

Read the passage. At eighty five years old, when most men are looking for a rocking chair and an easy valley, Caleb does the opposite. He walks up to Joshua and points to the hill country, the part of the land still full of giants, the Anakims, and great fortified cities, and he says, "now therefore give me this mountain." He does not ask for the safe, cleared, comfortable ground. He asks for the hardest, most contested territory in the whole inheritance.

To understand the boldness, remember the backstory. Forty five years earlier, Caleb was one of the twelve spies sent into the land. Ten of them came back terrified, seeing only giants and impossibility, and their fear cost an entire generation the promise. But Caleb and Joshua believed God could take the land. That same bold frame never left Caleb. Forty five years in the wilderness did not shrink his faith, and neither did old age. He did not scale his goal down to match his years or his resources. He set a goal that required God, and he went after it, saying "if so be the Lord will be with me, then I shall be able."

Notice what his story teaches. Caleb did not aim at what was easy, he aimed at what needed God. His confidence was not in his own strength, an eighty five year old man does not defeat giants by muscle, it was in the Lord being with him. And his boldness was rooted in a real promise and a long memory of God's faithfulness. That is the frame this whole course is built on: a goal so big it terrifies you, held with a faith so grounded it drives you to God rather than away from Him.

Reflect: Caleb's boldness at eighty five came from decades of remembering God's faithfulness. What evidence of God's faithfulness in your own past could fuel a bolder goal now?

Notes:

Put It Into Practice

1. Write your 10x goal. In one sentence, write a goal for your work that is roughly ten times bigger than your current plan. Make it big enough that you cannot reach it by simply trying harder, big enough that it makes you a little uncomfortable. Do not soften it. Write the version that would require God.

2. Sit with the discomfort. Underneath your goal, write one honest sentence about what you feel when you read it, the fear, the excitement, the “that’s impossible.” Naming the feeling is part of changing the frame.

3. This week’s assignment. Ask one honest question of your 10x goal: what would have to be completely different for this to be possible? Write the first answer that comes to you. Do not try to solve the whole thing, just take the first look at what a new approach would require.

What would have to be completely different:

Go Deeper (Optional)

- **Read:** *10x Is Easier Than 2x* by Dr. Benjamin Hardy and Dan Sullivan, on why a bigger goal is often clearer and simpler than a smaller one.
 - **Listen:** *The Tony Robbins Podcast*, any episode on setting and pursuing bold goals.
 - **Study:** Joshua 14:6 to 14; Numbers 13:30 to 33 (the twelve spies); Ephesians 3:14 to 21.
-

Close in Prayer

“Father, You are able to do exceeding abundantly above all that I ask or think, and the power at work in me is Yours, not mine. Forgive me for the small, safe goals I have chosen because I was afraid, or because a bigger goal would have required more of You than I wanted to depend on. Give me the frame of Caleb, who at eighty five pointed at the mountain full of giants and asked for it, because he remembered that You are faithful. Help me aim at something only You could accomplish through me, and keep me on my knees as I pursue it, so that when it comes to pass, everyone will know the work was wrought of God. In Jesus’ name, Amen.”

Crown Revenue Academy · A ministry of Crown Revenue · “Now therefore give me this mountain.” Joshua 14:12